## CURRENT AVAILABLE MENUS updated 08/13/22

## THE SUN KITCHEN ORGANIC, LOCAL, FARM FRESH ECO-GOURMET CUISINE

**BREAKFAST** 

GOURMET SCRAMBLED EGG PLATE \$15 (ADD BACON \$3)

Eggs and Cream, Sautéed Veggies, Country Fries and Sourdough Toast
HEARTY VEGAN BREKFAST PLATE \$13 (ADD TEMPEH \$3)

Black Beans, Sautéed Veggies, Country Fries and Sourdough Toast
GF BLUEBERRY PANCAKES \$12 (ADD BACON OR TEMPEH \$3)

Served with Maple Syrup and Yogurt

**VANILLA CHIA PUDDING \$10** 

With Coconut CREAM, Calendula, Buckwheat Crunchies & Fresh Blueberries

**DRINKS** 

OG COFFEE (ICED OR HOT) \$4
Fresh Squeezed Lavender Lemonade: \$5
Choco-Maca Love Hemp Shake \$9
Festival Faery Berry Smoothies \$8
Guayaki Yerba Mate \$4
Sparkling H20 \$2

**DESSERTS** 

RAW VEGAN DREAM PIE \$7
Fresh peaches, berries, vanilla cashew cream, date-almond crust, flowers & chocolate mint
FRESH FRUIT POPSICLES AND ICE CREAM BARS \$4

**ENTREES** 

BLACK BEANS, QUINOA, SAUTEED VEGGIES AND YOUR CHOICE OF SAUCE \$13
FARM FRESH SALAD AND YOUR CHOOSE OF DRESSING \$12
Local Greens with cucumbers, tomatoes, beets, carrots & edible flowers
GF PESTO PASTA SALAD \$11
with tomatoes, olives and cucumbers

**ADD A SIDE TO YOUR ENTREE \$3** 

SAUTED VEGGIES ~ BLACK BEANS ~ CARAMELIZED ONIONS WILD TUNA ~ TEMPEH ~ CRISPY BACON

> FRESH BAKED GF PIZZA \$15 9" CAULIFLOWER CRUST, SAUCE AND CHEESE

PIZZA ADD-ONS (\$3 EACH)
VEGAN CHEESE ~ SAUTEED VEGGIES ~ CARAMELIZED ONIONS
OLIVES ~ PEPPERS~ PEPPERONI ~ BACON ~ TEMPEH ~ PESTO

## JAMIE'S GREEN CUISINE Tentative Menu

**Sesame Cabbage Slaw:** Veggie slaw with Sesame ginger sauce, edamame, green onions and sesame seeds.

**Heart Beet Bowl:** Roasted beets and brussels sprouts on a bed of lentils, with toasted walnuts and a Balsamic Maple glaze

Potato Salad: Creamy vegan potato salad with fresh herbs & lemon juice

**Mediterranean Grain Salad:** Whole grains, cucumbers, tomatoes, with olive oil, lemon juice, and fresh mint and parsley

Jackfruit taco bowl: Chili lime marinated Jackfruit, black beans, sautéed veggies, brown rice

**BBQ Chickpea Sweet potato wraps:** BBQ roasted chickpeas, roasted sweet potatoes, corn, poblano peppers, red onion, on a flour tortilla

Spinach Artichoke dip: Spinach, artichokes, cashew cheese

**Hummus:** Variable flavors of homemade hummus

**Coconut Curry wrap:** Curried tofu, toasted coconut and slivered almonds, raisins, mixed greens

Texas Caviar: Bean salad with peppers in a sweet and sour vinegar marinade

Sweet potato date brownies: GF, vegan flourless brownies

Nirvana Bowl: Rice noodles with spicy peanut sauce and mixed vegetables

Rainbow fruit salad: Seasonal fruit with citrus glaze

**Caesar salad:** Classic Caesar Salad with homemade croutons and lemon Caesar dressing

Water infusions: Refreshing drink with fresh fruit and herbs

Power balls: Wholesome snack with nut butter, seeds, and grains.

**Berry Oat Bars** 

**Fruit Leather**